



Army JROTC

Core Ability Self-Assessment

Directions

How are you developing core abilities outlined in the JROTC Program? Rate yourself on each core ability criteria using the scoring values 3 - 0.

Target Core Abilities

1. Apply critical thinking techniques
2. Build your capacity for life-long learning
3. Communicate using verbal, non-verbal, visual, and written techniques
4. Do your share as a good citizen in your school, community, country, and the world
5. Take responsibility for your actions and choices
6. Treat self and others with respect

Rating Scale

Value	Description
4	Proficient
3	Developing
2	Emerging
1	Undeveloped

Scoring Guide

Criteria	Ratings
Build your capacity for life-long learning	
you assume personal responsibility for learning	3 2 1 0
you assess personal learning styles and preferences and apply this knowledge to the learning process	3 2 1 0
you initiate formal and informal learning processes to acquire new abilities and insights	3 2 1 0
you risk making responsible mistakes as part of the learning process	3 2 1 0
you recognize and examine the underlying assumptions of your own beliefs you access available resources for personal and professional growth	3 2 1 0
Communicate using verbal, non-verbal, visual, and written techniques	
you select appropriate means to convey a message	3 2 1 0
you communicate accurately and clearly	3 2 1 0
you communicate appropriately and professionally	3 2 1 0
you apply appropriate reading strategies	3 2 1 0

you check for accuracy	3 2 1 0
you speak and write clearly so others can understand	3 2 1 0
you ask questions for clarification	3 2 1 0
you interpret nonverbal communications	3 2 1 0
you use active listening skills you apply standards of spelling, English grammar, and punctuation	3 2 1 0
Do your share as a good citizen in your school, community, country, and the world	
you recognize your responsibility to personal, social, professional, and educational environments and make informed decisions based on that responsibility	3 2 1 0
you recognize your role as a consumer and citizen in a democracy	3 2 1 0
you demonstrate respect for the rights, views, and work of others	3 2 1 0
you adapt to and work effectively with a variety of situations, individuals or groups you work to resolve conflicts	3 2 1 0
Take responsibility for your actions and choices	
you apply professional/ethical values to guide actions and decisions	3 2 1 0
you follow established policies and procedures	3 2 1 0
you complete assignments on time	3 2 1 0
you exhibit academic honesty	3 2 1 0
you assess the impact of your values on actions and decisions	3 2 1 0
you demonstrate dependability you exert a high level of effort and perseverance toward goal attainment	3 2 1 0
Treat self and others with respect	
you act with a sense of equity	3 2 1 0
you work well with individuals and groups from diverse backgrounds	3 2 1 0
you display an appreciation of diverse perspectives	3 2 1 0
you value individual and cultural differences	3 2 1 0
you recognize your own prejudices and stereotypes you communicate in a culturally sensitive manner that is free from bias and stereotypes	3 2 1 0
Apply critical thinking techniques	
you use problem solving skills in academic and/or work place environments	3 2 1 0
you differentiate between fact and opinion	3 2 1 0
you make decisions considering alternatives and consequences	3 2 1 0
you support viewpoints/arguments with reason and evidence	3 2 1 0
you assess feedback from others	3 2 1 0
you refine action plans based on evaluation of feedback	3 2 1 0
you view issues from multiple perspectives (local and global)	3 2 1 0
you evaluate sources of information you present logical arguments	3 2 1 0